

what do you think?



We want to know how you feel about things...

Here are some descriptions of the way many young people think about different things in their lives. Please read each one and think how much it is like you. Just put a tick in the box you agree with and, if you can, give a short answer to the questions under each of the sections.

Name

Date

Your family and where you live

Some young people...

- 1 stay away from home without asking
- 2 know that people in their family care about them
- 3 see people in their family having fights and arguments
- 4 have a secure and stable place to live
- 5 live with others who get into trouble with the police
- 6 don't see much of their mum and dad
- 7 have lost someone special from their life

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Who is most important in your life at the moment?

School, college and work

Some young people:

- 8 would like help with reading and writing
- 9 need to get more training or qualifications
- 10 often stay (or stayed) away from school when they should be there
- 11 like learning or work
- 12 get on well with their teachers/tutors at school or college
- 13 have been bullied at school, college or work
- 14 have adults who help them with school or work

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What sort of things at school or work are you good at?

Your lifestyle and the area where you live

Some young people:

- 15 live in places where there's lots of crime
- 16 live in places where it's easy to get drugs
- 17 have lots of friends who get into trouble
- 18 have choices about what to do in life
- 19 commit crimes to get money
- 20 live in areas where there is not much to do
- 21 do nothing in their spare time
- 22 do things they know are dangerous

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What do you like doing in your spare time?

Smoking, drinking and drugs

Some young people:

- 23 have friends who often use drugs
- 24 spend a lot of money on cigarettes, alcohol or drugs
- 25 commit crime because they were drunk or on drugs
- 26 commit crime to get money for drugs
- 27 often drink alcohol
- 28 often use cannabis

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Do you have any problems because of smoking, drinking or taking drugs (or glue), for example problems at home?

There are some more questions on the other side...



Your health

Some young people:

- 29 do things which they know will be bad for their health
- 30 worry about something that might happen in the future
- 31 feel good about themselves
- 32 deliberately hurt themselves
- 33 think about killing themselves
- 34 have problems eating or sleeping
- 35 are good at coping with problems

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What sort of things about your health do you worry about?

How you think and behave

Some young people:

- 36 rush into things without thinking
- 37 often get angry and lose their temper
- 38 bully, threaten or hurt other people
- 39 get into trouble because it is exciting
- 40 commit crime because their friends do it
- 41 damage their own things or property belonging to others

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Why do you think you get into trouble?

What you think about crime and your future

Some young people:

- 42 are sorry for the harm they have caused
- 43 want to make up for the harm they caused
- 44 think that their family are upset about what happened
- 45 think they will offend again
- 46 want to sort out the problems in their lives
- 47 think of themselves as criminals
- 48 can see reasons for not offending
- 49 know others who will help them to stop getting into trouble
- 50 want to stop offending

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What you think about crime and your future?

What is the best thing about your life at the moment?

What is the worst thing about your life at the moment?

What would you like to be different about your life in 3 months time?

What would you like to talk about with people at the YOT?

thank you!



What you think is important to us!

